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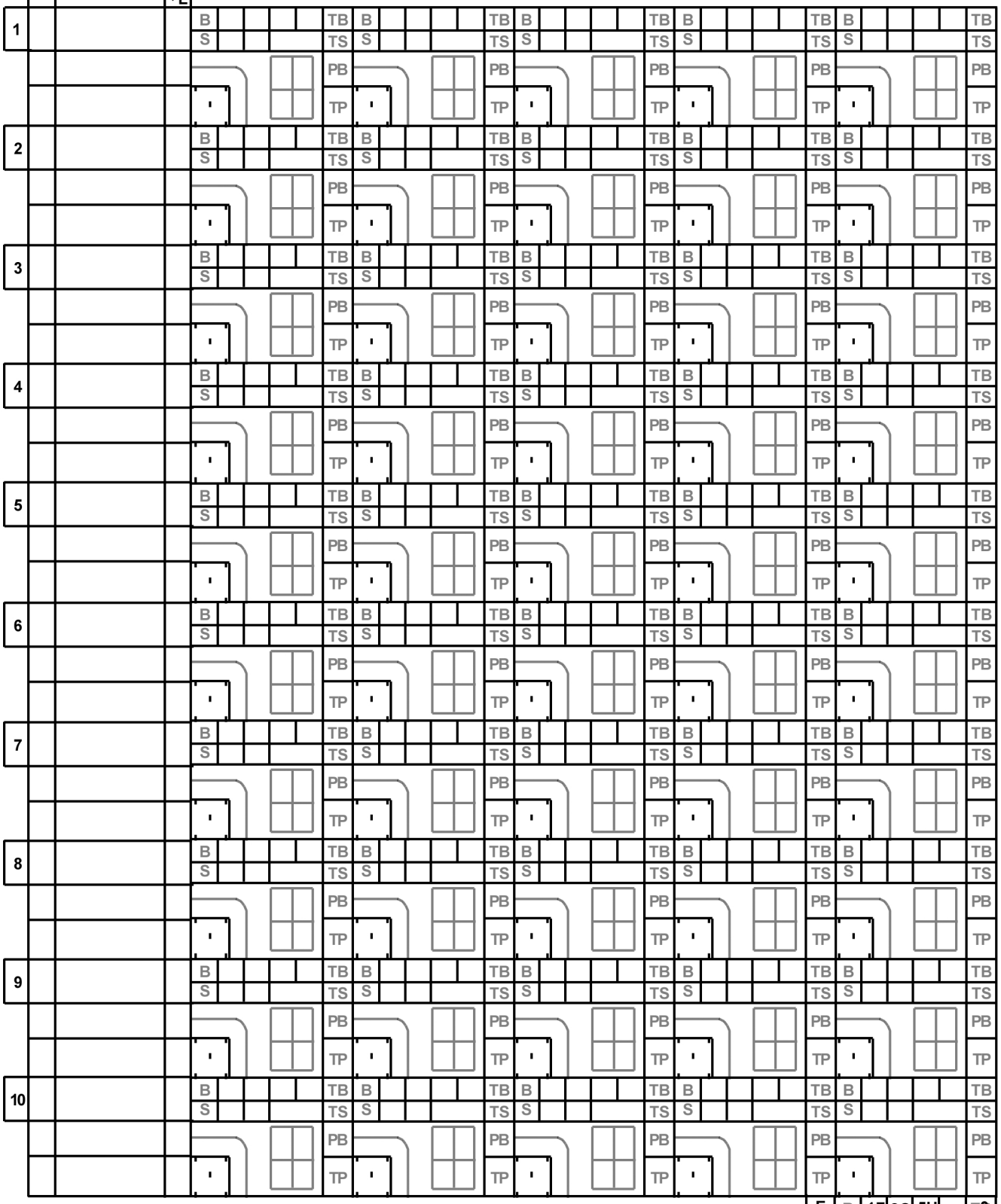
OPPONENT _____ DATE _____

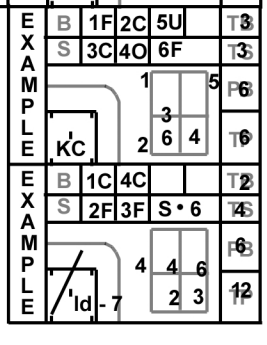
PLAYER | R/L | ADD 5-10MPH TO YOUR FASTBALL IN 16 WEEKS - WWW.TOPVELOCITY.NET



#	PITCHERS	IP	F	C	U	O	B + S	= TP
	TOTAL PITCHES							

Abbreviation - Suggested Terms&Definistions

B = Ball
S = Strike
W = Walk
K = Strike Out
KC = Strike Out Catch
o = Foul Ball
F = Fast Ball
C = Curve
U = Change Up
O = Other
PB = Pitches to Batter
TP = Total Pitches
IP = Innings Pitches



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